

Women Honoured for Work

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Inspiration comes in the form of three women who fight hunger, house people and provide a role model for young people.

Spirit Nova Scotia, a fledgling movement that began last year to tackle societal issues, is looking for inspiring people to honour.

It started by recognizing Feed Nova Scotia founder Dianne Swinemar, Habitat for Humanity executive director Alexis Ashworth and Big Brothers Big Sisters volunteer Lori Barker.



Alexis Ashworth (left) congratulates Lori Barker (centre) and Diane Swinemar on Tuesday. (Daily News/Paul Darrow)

The three women were presented with Spirit Nova Scotia's inaugural Way to Be Nova Scotian awards at a brief ceremony yesterday at City Centre Atlantic in Halifax.

"Caring and determination; innovation and willpower and love and dedication. That is spirit," Matt Whitman, the leader of Spirit Nova Scotia's award program.

Whitman said the awards are open for nominations to anyone who wants to acknowledge someone's specific quality.

Just go to the website www.spiritnovascotia.ca to nominate someone for the award. The award will be e-mailed back for presentation to award winner.

Spirit Nova Scotia tackles issues affecting Nova Scotia, from environmental concerns to social justice at informal networking meetings around the province.

The goal of the movement is to preserve the characteristics of Nova Scotia and achieve economic prosperity.

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